

## **ABSTRACT OF THE DISCLOSURE**

A content recording apparatus applied to a hard disk video recorder includes a hard disk. If a power is instantly cut off when content data is being normally recorded into an MPEG file formed in the hard disk, the normal recording is suspended, without  
5 recording into an index file index data corresponding to the content data. When a supply of the power is resumed, a temporal discontinued point of the index data is searched based on time information included in the index data, and a vicinity of a location on the MPEG file corresponding to the detected discontinued point is set as a recording starting location. The normal recording of the content data is started from the set recording  
10 starting location.